

# **Regina PhotoVoice Project 2007**

## **Public Showing**

**CATALOGUE, DECEMBER 3, 2008  
Part 2 of 5**

All pictures copyright © by the individual photographers of  
PhotoVoice Regina 2007. All rights reserved.

Contact Prairie Women's Health Centre of Excellence, Regina, Saskatchewan  
pwhce@uregina.ca, (306) 585-5727, or 535-9570 regarding use of photos.

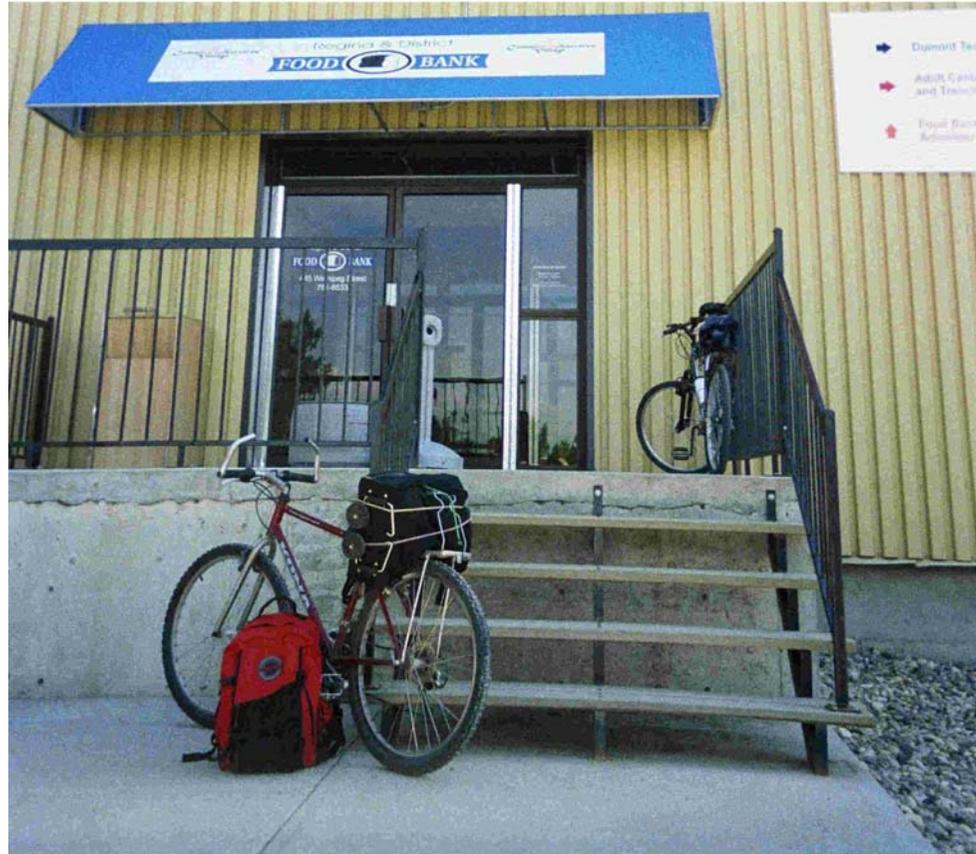
## Notes to Display

**All photos were taken in Regina.**

**People in the photos signed a consent form.**

**For some photos the person being photographed posed for the photo to illustrate the situation.**

# Transportation



### **Transportation for Basic Purposes**

© 2007 by LYof PhotoVoice Regina. All rights reserved.

Q: Why not take the bus?

A: Bus money pays the rent, and work hours are too inflexible in order to accommodate the "Food Bank" bus.

"Oh well it is summer ..." . . . try doing this in the winter!

Transporting on a bicycle ...? Hmmm ... Why not take the bus? Money goes to increasingly larger amounts of rent. Hardly no money left over for the groceries at the local grocery store. (cont'd)

## Transportation for Basic Purposes

(Continued)



© 2007 by LY of PhotoVoice Regina.  
All rights reserved.

Time goes to the second job, both wanting my time to be rigidly planned out ahead of all other needs, even my third job, even being a mom. What is one to do with half the time, due to doubly regulated time, and usually no spare money, after bills are paid, many chores left undone!

Gambling on the bus is no fun! It costs too much money, not to mention the time restrictions anyway. They too have a schedule to keep. Just imagine trying to balance not only one but two rigidly planned jobs, the bus, the baby, not to mention the babysitter too.

Puzzling food for thought...How to fetch groceries with little or no money, unless we eat the walls that we have paid so dearly for...Instead we fetch the groceries from afar, at the "food bank," which keeps shorter hours than the grocery store, and is farther away to boot...

Thus, I ride my bike to the food bank because I'll likely miss the bus again, and can't afford it anyway, can't afford the grocery store, but have to travel doubly as far in half the time, and without four wheels, all due to lack of money and time while working two paid jobs and a baby to keep.

Pulling this off takes the forethought and planning skill of an event organizer, the daring of race car driver, against all those cars out there, and the energy of a mountain climber to surmount the amplified obstacles in life that await your climbing each and every day.

Just try doing this in the winter!

How dare anyone claim that people in poverty are lazy, don't try, don't work, or have the right to once in a while cry...

I welcome and challenge anyone to try to give this trail a trial run, just for fun. Why not? ... It can be done.

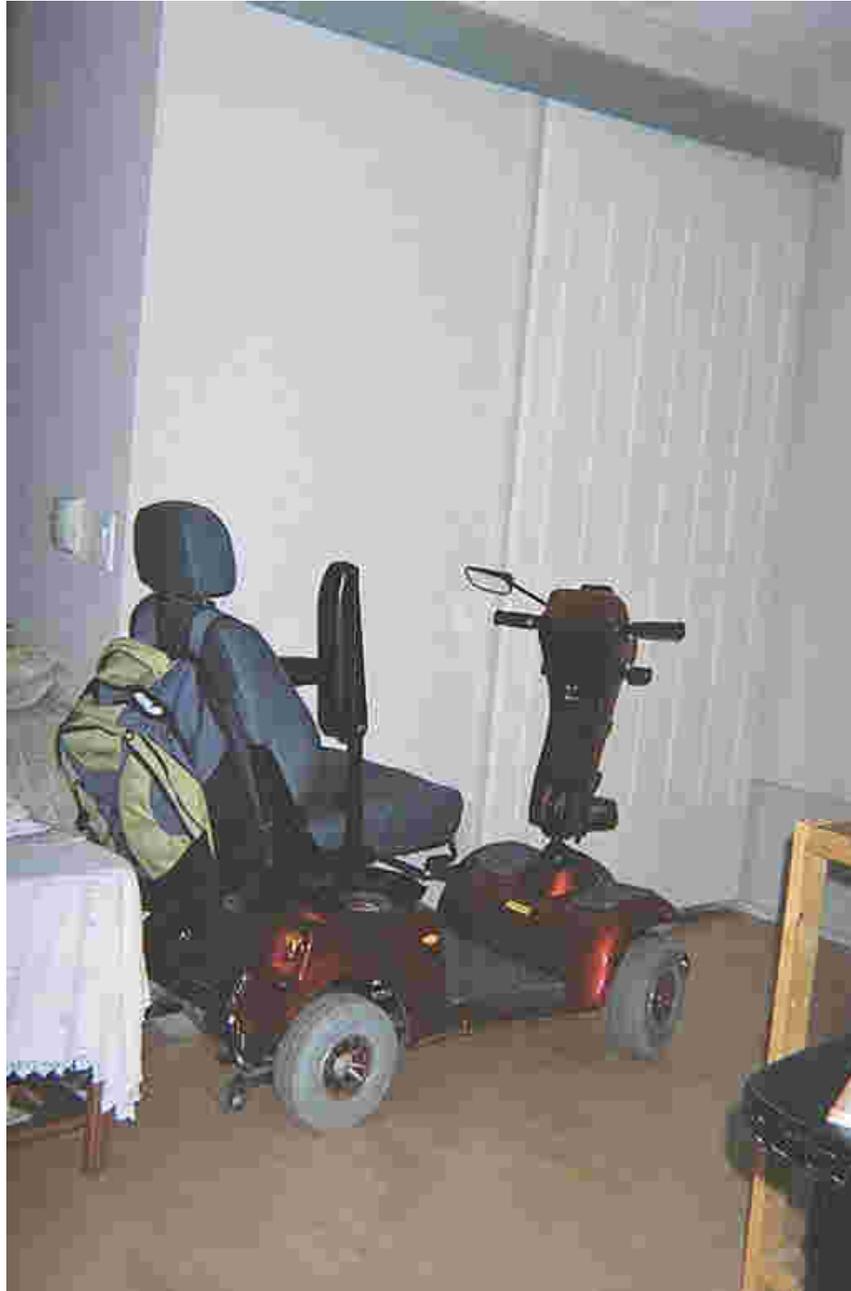


### **I Keep on Walking After Midnight**

© 2007 by PG of PhotoVoice Regina. All rights reserved.

I am a night cleaner and have many problems getting home at 3 AM when my shift ends. Cabs are unaffordable and non-tax exempt, which left me owing the Federal government money after I tried claiming the receipts on my income tax. Provincial labour laws requiring a ride home after midnight only pertain to some businesses. In the meantime, Regina needs an overall bylaw requiring all businesses to transport employees beyond busing hours in a safe and orderly fashion. This should include Paratransit. Employers could provide a ride home as a taxable benefit and claimable expense.

by "Sally 'Roll me on the way home' Walker"



## Freedom

This is the only thing upon which is available to me to use while on the poverty line. Being disabled it is a double whammy here as for me to obtain freedom and independence I need to be out, not isolated. Poverty is isolation and loneliness. I need to break a cycle even if I have to use my scooter to obtain that goal and reach. Freedom is that what we all want from the chains and bondage of poverty?

© 2007 by MN of PhotoVoice Regina.  
All rights reserved.



**"You Can't Do This Job Without A Car"**

© 2007 by JA of PhotoVoice Regina. All rights reserved.

Many jobs have car ownership as a requirement. 'Do you have a car?' is a question in the interview. It implies that if you don't have a car, you can't have this job.

I have an older car. I can work. I worry though. I don't earn enough to replace it. What happens when it starts to need major repairs?

Will they find someone else who has a car and replace me? It's a worry.

Health



## Keeping Healthy

The lady in the top photo is walking where it is free, by herself. She can't afford to walk around the keep fit in the Recreational Centres due to the costs. But yet she has to keep exercising each day due to health problems, e.g. heart and diabetes. What does she do in the wintertime? She can just walk around in her building.

The person in the bottom photo is on the bench because she is on Social Assistance, using a cane and cannot afford to get a wheelchair to get around. Services are limited due to her being on Social Services. She had to pay for the cane out of the small amount of her spending money. This example goes for everyone who has a disability or is on Social Assistance.



**Litter Exposed**

© 2007 by TS of PhotoVoice Regina. All rights reserved.

I was walking and could not help notice the remnants of addictions left behind by smokers. I realize that others find comfort in this as a stress relief. After all poverty is a breeding ground for addiction.



## **A Few Things You Don't Know About Prostitution**

© 2007 by RC of PhotoVoice Regina.

All rights reserved.

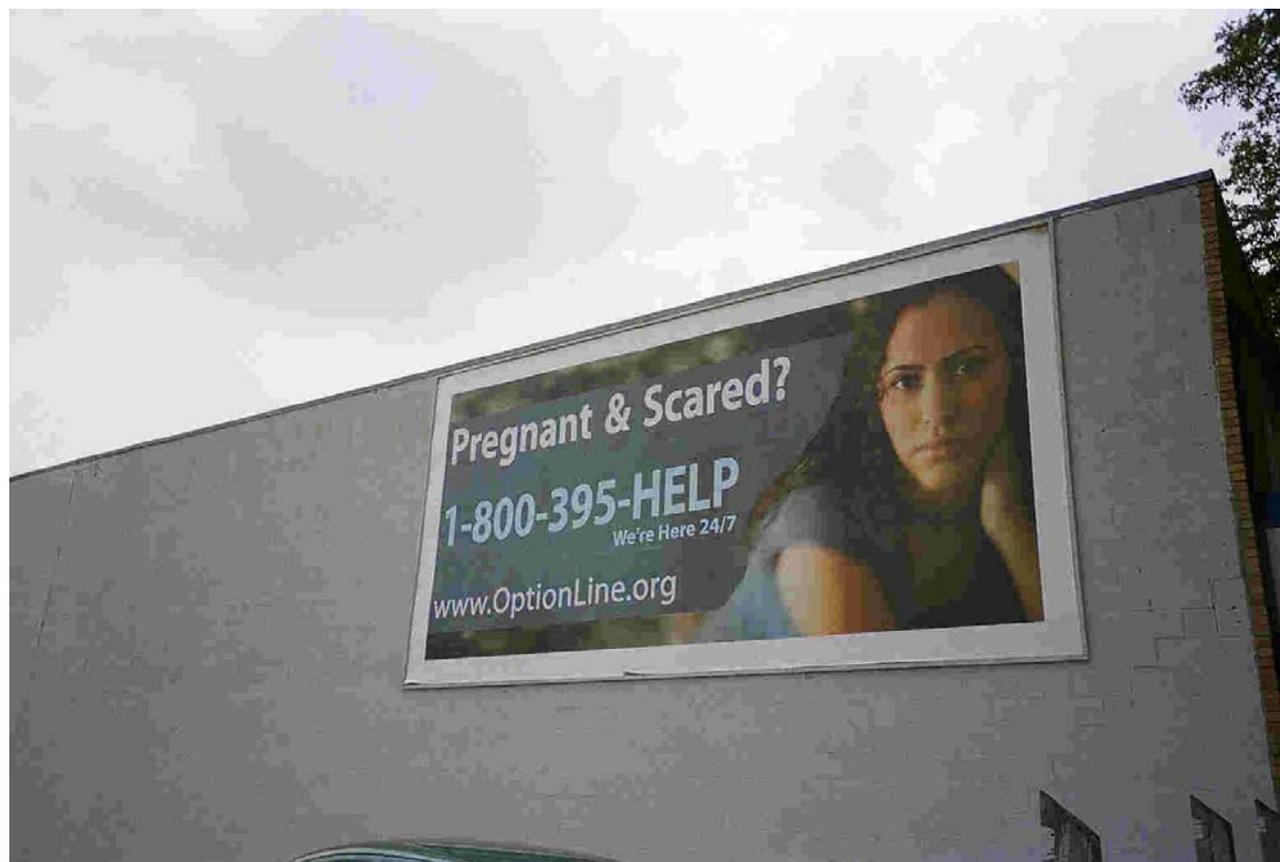
In Regina right now, hundreds of men, women and children have done it. They come from lower, middle and upper class backgrounds, often from religious, two-parent families. And contrary to popular belief, many of them are smart, ambitious, caring women, who spend their money on their families and dream of careers in things like teaching and nursing.



### **We're Not Doing Enough**

© 2007 by RC of PhotoVoice Regina. All rights reserved.

Children grow up in IV drug users' homes all around us. History tells us they will repeat the cycle. We aren't doing enough to stop this and they can't help themselves. We need more quality foster homes, and to remove children from places like this, no matter what. We need free birth control and sterilization. We need to take control of the problem.



## Seeking Help from a Faceless Voice

When I first saw this billboard, I wondered who are the most likely to need the help that is being advertised. I thought about young girls in this situation: scared and alone and then having to seek help from someone that they cannot meet face to face with. What are the chances that the help being sought will be received at the time when it is most needed? Are the services provided sufficient to the person in need or is this some halfway house to nowhere? What are the chances that the person who may need to see this billboard will find it - is this the best location for the billboard? 1-800 numbers are convenient for certain purposes but I would not feel very comfortable using them for the problems shown on this billboard. Many services are designed to be accessed through this means but often times people end up more frustrated with the results.



### **Circle of Pain**

© 2007 by RC of PhotoVoice Regina. All rights reserved.

Does alcoholism cause poverty? Yes, sometimes. But poverty can also cause alcoholism. It's a mindset of shame and hopelessness. And with revolutionary change, it can slowly be stopped.



**Normalcy** © 2007 by SG of PhotoVoice Regina. All rights reserved.

Dependency created from poverty breeds and flourishes into further forms of dependency. Addictions of all types become normalcy within our social channels. The addictions become the only assurance that we can escape the reality of our existence. The dance takes on a third partner that is just as jealous and just as hard to escape from.



## Luxury?

A ceiling track should be standard equipment for people who are quadriplegic or paraplegic. It makes life a whole hell of a lot easier because of its safety and security. Plus it saves the backs of caregivers. The asking price of this was \$5000 in 2002. Really, who can afford this "luxury" if you are Social Assistance? It's not a luxury, it's a necessity when you are disabled!

© 2007 by TS of PhotoVoice Regina.  
All rights reserved.